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#### 988 Suicide & Crisis Lifeline

 Call or Text or Chat the 988 Suicide & Crisis Lifeline

988. Hours are available 24/7 and the cost is free.

• OR

Text HOME to 741741 to reach a trained Crisis Counselor through Crisis Text Line, a global not-for-profit organization. Free, 24/7, confidential.







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#### Commander Newsletter Input - September 2024

Happy Month!! September is upon us and Fall weather is on its way. 22 September marks the first day of Fall and our journey to cooler weather, Halloween, Thanksgiving, and Christmas. Expect to start seeing Christmas in the stores by the end of the month...an unbelievable American truth!! September also marks Patriots Day and our entry into a nearly 20-year war on terrorism in Afghanistan, Iraq, and the Philippines. We all remember 911 when four planes flying over the eastern U.S. were seized simultaneously by small teams of hijackers. The planes were then used as giant, guided missiles to crash into landmark buildings in New York and Washington. We will never forget this day and the 2977 Americans who died that day in the attacks and the 441 first responders who gave their lives trying to save them. September also marks POW/MIA Recognition Day on the 20<sup>th</sup> when we remember and honor those Americans who were prisoners of war and those who served and never returned home. Let us never forget them and our Nation's promise to leave no service member behind. Finally, 11-15 September brings the Lake of the Ozarks annual Bikefest where thousands of bikers descend on the Lake. Our American Legion Riders are hosting a passport station for the event and our annual Veterans Memorial Ride on 13 September. The Veterans ride will end at our Post with a vendor village in the parking lot, food, a silent auction, music, and fun! Come out and support this event from 12-3pm. Because we run a passport station, every biker participating in the passport run comes through our doors. What an opportunity for our Post and community! Hope to see you at our many meals and events throughout the month. Each one of you makes a difference to our Veterans, our Post, and our community!! See you on the high ground!!

John E. Seward Commander, Post 624



#### Auxiliary Newsletter Input – September 2024

Happy September Auxiliary-Fall is coming...my favorite time of year-Bring on the Pumpkin Spice!! We have a busy month coming up and we are making plans for an exciting Fall at the Legion! Please join our membership at our monthly meeting on 3 September as we present our yearly check to the Veterans. This \$6000 helps them run this wonderful facility that we all share. Throughout the year we are blessed to be able to assist our Veteran brothers and sisters with other needs that may arise at our Post. Prior to the meeting we will host Taco Tuesday from 4:30-5:45pm. Come join us for dinner before the meeting... the tacos are outstanding!! Bikefest will descend on the Lake area, 11-15 September. We will be serving the riders as they finish up the Veterans Memorial Ride on 13 September. After serving lunch, we will be serving open-faced roast beef for dinner. We could use all hands-on deck! Kyle Lee Wiles & The Fender Benders will be entertaining us that afternoon. Also, on the 28<sup>th</sup>, we will host a local bowling group in the evening. If you can assist, we would appreciate it. Stop at the kitchen window as you order your dinner and congratulate Betty Hovey as she is our current "Woman of the Year"!! You can find her in our kitchen just about every time it is open or folding our Post Newsletters or just about every event we host!! Thank you, Betty, a much-deserved honor, and it even comes with a reserved parking space.

Game Day  $-1^{st}$  and  $3^{rd}$  Monday @ 1:30pm – We are a small group but getting to really know each other – Come and join us! Thursdays – Show Me The Money – Thanks to Jane and crew for running the kitchen those evenings from 4:30-6pm.

Sunday afternoons – The Legion will host the Chiefs games – bring in snacks to share as our kitchen is not open. This is the only time that outside food is allowed. Please help us give back to our Veterans and community by supporting our kitchen.

19 October – Mouse Races, Silent Auction – accepting donations NOW! Kitchen is open 1130am-2pm with an Oktoberfest theme. Join the fun!!

2 November – Get ready for the Fall Bazaar – Tables are available – see the flier in this newsletter. Kitchen will also be open for this event.

Keep an eye on our Facebook page, Lake Legion Aux 624 for other news and events.

Again, thank you for your confidence in me as your President! I am honored and humbled by your support! I look forward to serving you!! Thanks for your continued support of our Post, our Veterans, and our community!!

Lisa Seward
President
American Legion Auxiliary



SAL Members,

Just a few reminders for this month.

Aug 31 the sons will be back at the Eldon race track to sell 50/50 and gun raffle tickets

Sept 4 Meeting at 6:30

Sept 11 Patriots Day we will serve flat iron steak dinner

Sept 20 POW / MIA Recognition Day drawing for the gun raffle

Thank you all for the great team work we have, keep it up, keep it going.

SAL Commander Paul Henderson



Hi All,

We have some exciting activities coming up in the next few weeks. The Riders are still at the Great American Campground on the 2nd and 4th Thursday of the month doing 50/50 raffle, Gun Raffle and T-shirt sales.

We are gearing up for Bikefest September 12-14, 2024 and we will be selling passports starting on Thursday. We will have a vendor village on Friday and Saturday, which is new this year.

The Veteran's Memorial Ride will be September 13, 20024 starting at the VFW in Camdenton at 11:30 am and ending at the Legion at approximately noon. We will have the KC Biker Babes doing a bike wash at the Legion that Friday and have the silent auction indoors. The Auxiliary will be providing lunch for a donation and The Fender Benders will be providing entertainment. As always, we are looking for donations for the silent auction and this year we are adding a little twist. If you make a basket for the silent auction, it will be entered into our basket competition for best basket. There will be a 1st and 2nd prize given away for the best basket.

In closing I want to thank each and every one for your support and encouragement over the last few months. I am more than proud to call this Legion my home. Love you all

Tiffany Fox ALR Director

## September 2024



			— YOU ARE NOT FORGOTTEN ——			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Game & Puzzle day 130-3pm Shuffelboard 3pm	3 TACO TUESDAY 430-545pm TAL & AUX Eboard Meeting 6pm Gen Meeting 7pm	Wing Night 5-630pm SAL Meeting 630pm ALR Meeting 630pm Music by Ron Moschier 5-8pm	Show Me 6pm Kitchen open 430-6pm Chiefs 720pm	AUX Spagetti w Meatballs, Meatball Subs or Fried Fish w Fries & Coleslaw	7
B District 8 Meeting Post 202 Columbia 1pm	Kitchen & Calendar Meeting 11am Buddy checks 1-2pm Shuffelboard 3pm	10	SAL Dinner Flat Iron Steak 5-630pm No ALR Meeting Start of LOZ Bikefest Passport Silent auction PATRIOTS DAY	Show Me 6pm Kitchen open 430-6pm LOZ Bikefest/Passport Silent Auction	Aux Dinner Open faced roast beef or Fried Fish w sides 5-630pm Music Fender Bender 12-3pm Veterans Ride Silent Auction	Bikefest Passport last day
Chiefs 3:25pm bring a covered dish	Game & Puzzle day 130-3pm Shuffelboard 3pm	Laurie Care Center 1:30pm Visiting with our fellow Veterans	18 ALR Dinner Chicken Pot Pie 5-630pm	19 Show Me 6pm Kitchen open 430-6pm	TAL Dinner Salisbury Steak w sides Or Fried Fish 5-630pm SAL RAFFLE POW/MIA Recognition Day	21
Printing Newsletter Buddy Check Chiefs 7:20pm bring a covered dish	Folding Newsletter 9am Shuffelboard 3pm	24	25 AUX Hamburger/ Cheeseburger Night 5-630pm	26 Show Me 6pm Kitchen open 430-6pm	ALR Dinner Porksteaks w potatoes & Coleslaw or Fried Fish w Potatoes & Coleslaw 5- 630pm	Bowling Group Trivia & Silent Auction
Chiefs Football 3:25pm bring a covered Dish	30 Shuffelboard 3pm	1	2	Show Me 6pm Kitchen open 430-6pm	4	5
6	7 Shuffelboard 3pm	Auction hosted	/11,ends 9/15 Pas d by the Riders 9/ AL GunRaffle Drav	11-9/13 . ALR Gun	Raffle 9/11-9/13	Drawing at HD

## October 2024

The American Legion Zack Wheat Post 624 P.O. Box 61, 852 American Legion Road Sunrise Beach Missouri 65079 Phone # 573-374-6091, lakelegion.com

Guests are always Welcome								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
29 Chiefs Football 7:20pm	30 Shuffelboard 3pm	TACO TUESDAY 430-545pm TAL & AUX Eboard Meeting 6pm Gen Meeting 7pm	Wing Night 5- 630pm SAL Meeting 630pm	3 Show Me 6pm Kitchen open 430-6pm	AUX Spagetti w Meatballs, Meatball Subs or Fried Fish w Fries & Coleslaw Music by Fender Benders 4:00-7:00pm	5		
6	Kitchen & Calendar Meeting 11am Buddy checks 1-2pm Game & Puzzle day 130-3pm Shuffelboard 3pm Chiefs Football 7:15pm	8	9 SAL Dinner TBD 5-630pm ALR Meeting 630pm	10 Show Me 6pm Kitchen open 430-6pm	AUX Open Faced Roast Beef or Fried Fish&sides 5-630pm Music by Starla & Scotty 5-8pm	12		
Military Appreciation Day Navy Birthday - Drink special	14 Shuffelboard 3pm	15	ALR Dinner Chicken Pot Pie 5-630pm	17 Show Me 6pm Kitchen open 430-6pm	TAL Dinner Salisbury Steak, Rice & corn or Fried Fish w sides 5-630pm	Mouse Race 1-5pm & Silent Auction Kitchen open 1130am-2pm Octoberfest theme		
Prfinting Newsletter Chiefs Football 3:25 Bring a dish	Folding Newsletter 9am Game & Puzzle day 130-3pm Shuffelboard 3pm	Laurie Care Center 1:30pm Visiting with our fellow Veterans	AUX Dinner Hamburger /Cheeseburger w Fries or Onion Rings 5-630pm	24 Show Me 6pm Kitchen open 430-6pm	25 ALR Dinner TBD 5-630pm Music by The Healing Box 5-8pm	26		
27 Chiefs Football 3:25pm bring a Dish	28 Shuffelboard 3pm	29 Aux Dinner Breaded Shrimp with sides 5-6:30pm	30	Show Me 6pm Kitchen open 430-6pm Trunk or Treat at Laurie Church 5-7pm	1	2		
3	Shuffelboard 3pm	Notes						

#### **Upcoming Events**

If you would like to volunteer for any of our upcoming activities at the Legion, please contact Christy Fischer at 913 708-1760

• Helping in The Kitchen - On going

• Riders Bike Fest – 9/13

• October Fest – 10/19

Auxiliary Fall Bazaar & Bake Sale – 11/2

Christmas Dinner – 12/11

Auxiliary Silent Auction - 10/19

Truck or Treat – 10/31

Thanksgiving Dinner – 11/22

New Year's Eve Party – 12/31

#### **American Legion Post 624 - GET INVOLVED TODAY!**

Activity/Event	Date(s)	Who We Need	What YOU will be doing	Special Skills Needed	Point(s) of Contact
Post 624 House & Grounds Committee	Every Monday 9 AM Just show up. No pre- arrangement needed.	All Legion Units TAL, ALA, SAL, ALR	Maintaining our awesome American Legion post as a member of the House & Grounds Committee. Fixing, maintaining, upgrading, constructing, improving.	All skill levels in Carpentry, Electrical, Electronics, Plumbing, HVAC, Painting, Landscaping, Organizing, Cleaning	Rich Fischer (573) 505-3055
Kitchen Serving Veterans, our Community and Each Other	Multiple Dinners served all month. Participate in one or more.	All Legion Units TAL, ALA, SAL, ALR	Working in our great American Legion kitchen that serves our members and guests all year long. Food prep, guest service and clean-up. Bring your mad kitchen skills or we will train you!	American Legion dinner nights are fun! Bring your cooking, cleaning, organization, and service skills.	Christy Fischer (913) 708-1760
Local Veteran Visits They are NOT forgotten	Monthly Check calendar for day and time.  Meet at the Laurie Care Center	All Legion Units TAL, ALA, SAL, ALR	Making in-person visits to our Veterans in the Laurie Care Center. 2-hour visit each month.	Time and Compassion.	Jamie Slinkard (573) 578-6481
Buddy Checks  Be The ONE 22 Veterans across the country take their lives every day. A simple call can make a difference.	On or about the 22nd of <b>EVERY</b> month.  Check calendar for day and time.	All Legion Units TAL, ALA, SAL, ALR	Checking on fellow Legionairres with a phone call in-person at the post. A contact information list and a discussion topic card will be provided.	Communication Skills, Listening, Answering Questions. (Bring your charged phone).	Rich Fischer (573) 505-3055
Honor Guard	Ongoing	TAL	Honoring fallen veterans at funerals and celebration of life ceremonies.  Performing patriotic ceremonies at the post and other venues.	A calling to honor our fallen Veterans and the military manual of arms (Don't worry, it will come back to you)	Keith Moss (816) 809-6789 Brian Smith (816) 392-8788 Elyse Smith
Vets Helping Vets	Ongoing, As- requested	All Legion Units TAL, ALA, SAL, ALR	Assisting fellow veterans and spouses of veterans with general household maintenance and repairs that they may no longer be able to do.	All skillsets needed. Contact the POC and let them know what you can do and you will be added to the call list.	Jim Morton (573) 374-3013 Ron Spry (402) 699-6852

SAL - Sons of the American Legion ALR - American Legion Riders



The American Legion Zack Wheat Post 624 P.O. Box 61, 852 American Legion Road Sunrise Beach Missouri 65079 Phone # 573-374-6091, lakelegion.com

	The state of the s	- OBER	. 1		1
_		LEGION OFFICERS	•		
Commander	John Seward	573-480-0329	Judge Advocate	Karl Wendell	904-263-0501
1st Vice	Jamie Slinkard	573-578-6481	Chaplain	Ted Cone	573-480-2854
2nd Vice			Historian	Karen Wendell	904-364-8863
3rd Vice	Stefanie Lowes	254-228-3617	Service Officer	Brian Smith	816-392-8788
Adjutant	Austin Teel	573-280-7585	Sgt-at Arms	Rebecca Deuel	254-702-2370
Finance Officer	Jon Hovey	573-216-2530	Asst. Sgt-at Arms	Ray Lacroix	303-263-8592
			Public Relation	Elyse Smith	816-392-1828
	<u>LE</u>	GION EXECUTIVE B	<u>OARD</u>		
Jim Morton		573-374-3013	Tom Boyce		573-723-0222
Tom Hohnecker		913-488-4580	Dale Hanke		402-660-0025
Austin Teel		573-280-7585			
	SONS OF	THE AMERICAN LEC	SION OFFICERS		
Commander	Paul Hendersen	618-514-8202	Chaplain	Matt Laughlin	573-746-0131
1st Vice	John Smiley	303-419-8033	Finance Officer	Tony Lumbardo	816-806-1103
2nd Vice	Dave Young	816-668-6137	Sgt-at Arms	Jim Morton	573-374-3013
Adjutant	Rich Fischer	573-505-3055			
	<u>LEG</u>	ION AUXILIARY OF	FICERS		
President	Lisa Seward	573-480-6656	Chaplain	Shirley Dull	573-374-1912
1st Vice	Betty Hovey	573-216-2305	Historian	Kay Arzola	573-789-8250
2nd Vice	Christy Fischer	913-708-1760	Sgt-at Arms	Tiffany Fox	417-531-2181
Secretary	Cathy Blamy	314-307-0465	Asst. Sgt-at Arms	Jane Boyce	573-286-8507
Treasurer	Deborah Schnoebelen	573-216-1294			
AU	XILIARY EXECUTIVE B	OARD	C	OMMITTEE CHAIRS	
Michelle Koenigsman		402-657-6005	Membership	Michelle Koenigsman	402-657-6005
Donna Engelbert		573-216-4230	Fundraising	Christy Fischer	913-708-1760
Sheila Spry		573-410-2775	-		
, ,	AMERIC/	AN LEGION RIDERS	OFFICERS		
Director	Tiffany Fox	417-531-2181	Sgtat Arms	Jack Littlepage	573-480-0463
Asst. Director	John Seward	573-480-0329	Chaplain	Ted Cone	573-480-2854
Secretary	Michelle Koenigsman	402-657-6005	Judge Advocate	Mike Koenigsman	402-740-7649
Treasurer	Clara Clarke	573-480-2587	Road Captain	Bill Meenan	417-350-3792
Historian	Jo Rice	573-505-1375	Safety	Ron Rice	573-502-9053
Merchandiser	Penny Jost	636-222-8282	•		

WEBSITE: LAKELEGION.COM

Cmdr.: <a href="mailto:Commander@lakelegion.com">Commander@lakelegion.com</a>

Adjutant: <a href="mailto:adjutant@lakelegion.com">adjutant@lakelegion.com</a>

1<sup>st</sup> Vice: <u>1stvice@lakelegion.com</u>

PR: pr@lakelegion.com

3<sup>rd</sup> Vice: <a href="mailto:stefanie@lakelegion.com">stefanie@lakelegion.com</a>

Auxiliary: <a href="mailto:auxiliary@lakelegion.com"><u>auxiliary@lakelegion.com</u></a>

#### NO VETERAN LEFT BEHIND





Booth Space Available 10 x 10 \$100 10 x 10 with Electric \$150



Call Tiffany Fox to Reserve Your Spot at 417-531-2181

# Zack Wheat American Legion Post 624 **Lake Thunder Riders**

# Sth Annual Veteran's Memorial Ride

Friday September 13th



## FREE EVENT!

## All Riders Welcome!

10:00 - Staging & Breakfast (donations) -Camdenton VFW Post 5923

11:30 - KSU - Local LEO Escorted Ride

12:00 - Arrive - American Legion Post 624

12:00 - Post 624 Auxiliary Lunch (donations)

1:30 - Silent Auction

Post 624 Legion Riders is a 2024 BikeFest Passport Stop.

852 American Legion Dr. Sunrise Beach, MO



Support our Great American Veterans!

Let us acknowledge one of our sisters "Christy Fischer" for receiving an award from the American Lung Association in July 2024.

Christy is an amazing person and has accomplished many things. "She is a Leader". "Way-to-go Christy". We are very proud of you and I personally want to thank you for being a part of my life along with the Auxiliary Members of Post 624. Historian, Kay Arzola

Morgan County Statesman, Thursday, Aug. 1, 2024 - Page 11

## Christy Fischer Awarded American Lung Association's Will Ross Medal



Lung cancer survivor Christy Fischer enjoyed zip-lining Friday, July 19 in Eureka Springs, Ark. (submitted photo)

June 2024.

tion to all who strive for a world free from the burdens of lung five miles a day. disease."

began as a response to her own mersed herself in volunteering, battle with lung cancer. Christy was diagnosed with stage IV advocacy for others facing similung cancer nearly 18 years ago. lar challenges. The doctors told her she had a next four months.

chance of living, not the 98 per-tion's mission. Her unwavering cent chance of dying," she said. Christy shared that "the second ness, supporting research, and she was diagnosed she knew that God would heal her.'

by Janet Dabbs Christy never smoked. In fact, Lake Area resident Christy she was an athlete who received Christy never smoked. In fact, delible mark on the Lung As-Fischer was awarded the es- college scholarships in basket- we serve," said Harold Wim- Lung Association website www. teemed American Lung Asso-ciation Will Ross Medal for her walk up a flight of stairs without outstanding accomplishments doubling over trying to breathe," and impact in advancing the she remembered prior to being mission of the association in diagnosed.

Christy credits God for her "This prestigious accolade is healing, along with her increda testament to Fischer's excep- ible network of friends and tireless efforts drive the orgational dedication, leadership and family. She's currently winning the difference she has made in her fight against stage IV lung the lives of individuals affected cancer for the fourth time. "It's by lung disease," the association my faith in God that gives me said in a press release. "Fischer's strength. I know he has a special journey ... serves as an inspira- purpose for my life," she said. Christy is very active and walks

Determined to turn her per-Christy's involvement with sonal experience into a force becoming a beacon of hope and

"Christy Fischer's journey and determination that defines "I heard the two-percent the American Lung Associacommitment to raising awareproviding aid to those affected by lung disease has left an in-

mer, President and CEO of the lung.org. American Lung Association. "We were honored to present her with the Will Ross Medal in recognition of her extraordinary accomplishments.

"Her passion, expertise and nization's vital work forward, enabling it to fulfill its mission of improving lung health and preventing lung disease. ... She has played an indispensable role in advancing the Association's goals and creating a healthier future for all."

The Will Ross Medal was established in 1952 in honor of the American Lung Association for positive change, Fischer im- Will Ross, a former tuberculosis patient and one of the American Lung Association's most dedicated volunteers who served as the first non-medical president of the Association. The medal is two-percent chance of living the embodies the spirit of resilience awarded annually to individuals who demonstrate outstanding commitment and achievement in the fight against lung disease.

Christy is often asked, "What do you tell someone recently diagnosed with cancer?" She al- in Chicago, Ill. ways replies, "Live your life."

For more about Christy's persociation and the communities sonal story visit the American



Stage IV lung cancer survivor Christy Fischer receives the Will Ross Medal Friday, June 28, at the American Lung Association awards ceremony

(sub mitted photo)







## **Legion Mouse Races & Auxiliary Silent Auction**



## American Legion, Sunrise Beach Saturday, October 19<sup>th</sup>, 2024

## October Fest Lunch available 11:30am-2:00pm

All proceeds benefit the efforts of the Auxiliary to support our Veterans and Community

## Silent Auction 11:30am-4:00pm

Questions or to donate needed items please contact Christy Fischer at 913 708-1760

## Mouse Races begin at 1:00pm

\$10.00 Purchase at the Bar to Sponsor & Name a Mouse
And have a chance to win the Championship Prize of \$100



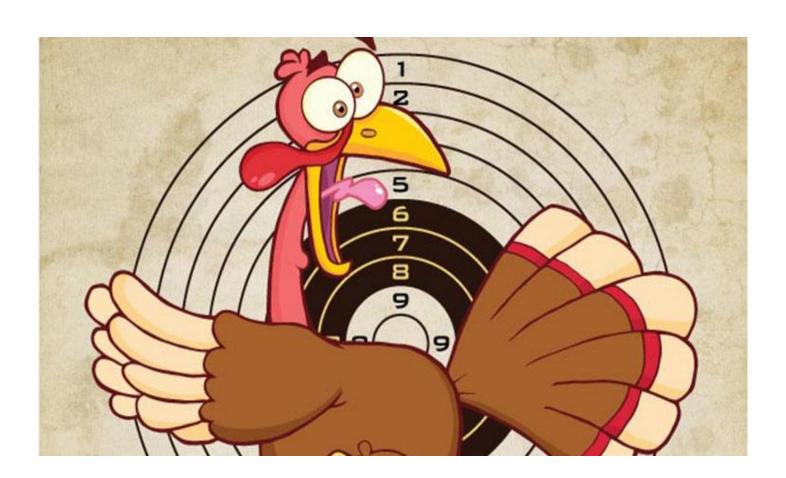








# TURKEY SHOOT STARTS AGAIN NOVEMBER 2<sup>ND</sup> 2024 SIGN UP AT 11AM SHOOT STARTS AT 12PM





### Fall Bazaar & Bake Sale

Saturday, November 2<sup>nd</sup>, 2024

The American Legion Auxiliary, Post 624, Sunrise Beach, MO invite you to attend or participate in our
Fall Bazaar & Bake Sale
Saturday, November 2<sup>nd</sup>, 9:00am-3:00pm at the American Legion
Questions: Contact Christy Fischer, 913 708-1760, <a href="mailto:christy.r.fischer@outlook.com">christy.r.fischer@outlook.com</a>

## Breakfast & Lunch available with all proceeds benefiting the efforts of the Auxiliary to support our Veterans & Community

Details to Participate in the Fall Bazaar:

- Set up inside Saturday, November 2nd, 7:00am-9:00am
- Break down/clean up Saturday, November 2nd, 3:00pm-5:00pm
- \$25.00 per 8' table
- Complete form & mail to: American Legion Aux Post 624, 28724 White Oak Road, Gravois Mills, MO 65037
- Make checks payable to: American Legion Aux Post 624
- As a participant, we ask that you please donate one item for a door prize please
- Event will be promoted via social media, newspaper, radio & more

Name:	Number of Tables:	Total \$:	
Address:			
Phone:	Email:		
Booth Title/Description:			

Release: Waiver of Liability: In consideration of your accepting this application, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the American Legion Post 624 and their agents, sponsors, successors and assigns for any and all injuries suffered by me in this event.

Signature: